



# A to Z's of ADHD

## BIENNIAL CONFERENCE

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Wednesday, October 9, 2019  
8 a.m.-5 p.m.

*Registration starts at 7:30 a.m.*

Loma Linda University  
Centennial Complex



LOMA LINDA UNIVERSITY

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BEHAVIORAL MEDICINE CENTER

# A TO Z'S OF ADHD BIENNIAL CONFERENCE at Loma Linda University Health

7:30-8 a.m.	Registration and Breakfast	
8-8:15 a.m.	Welcome	<b>Glenn Scott, LCSW</b>
8:15-9 a.m.	History and Differential of ADHD	<b>Ara Anspikian, MD</b>
9-10 a.m.	Evidence-based Treatments	<b>Alex Moreland, LPCC</b>
10-10:15 a.m.	<b>Break</b>	
10:15-11:15 a.m.	Neurobiology and Medications	<b>Ara Anspikian, MD</b>
11:15 a.m.-12 p.m.	Nutrition	<b>Patricia A. Ford, DrPH, MPH, RD</b>
12-12:45 p.m.	<b>Lunch</b>	
12:45-1:30 p.m.	Psychological Testing and Assessment	<b>Jennifer Weniger, PhD</b>
1:30-2:15 p.m.	Parent Management Training	<b>Jacylyn Jones, LMFT</b>
2:15-3 p.m.	Communication and ADHD	<b>Karen J. Mainess, PhD, CCC-SLP, and Aieshea Banks, MS, CCC-SLP</b>
3-3:15 p.m.	<b>Break</b>	
3:15-4 p.m.	School Based Accommodations	<b>Marilyn Plata, MA</b>
4-4:45 p.m.	Psychosocial Interventions	<b>Alex Moreland, LPCC</b>
4:45-5 p.m.	Closing	<b>Ara Anspikian, MD, and Glenn Scott, LCSW</b>

## Program Chair

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### ***Ara Anspikian, MD***

Medical Director, Youth Partial  
Hospitalization Program  
Loma Linda University  
Behavioral Medicine Center

## Planning Committee

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### ***Ara Anspikian, MD***

***Glenn Scott, LCSW***

***Jacylyn Jones, LMFT***

### ***Alex Moreland, LPCC***

***Marilyn Plata, MA***

## Presenters

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### ***Ara Anspikian, MD***

Medical Director, Youth Partial  
Hospitalization Program  
Loma Linda University  
Behavioral Medicine Center

### ***Patricia A. Ford, DrPH, MPH, RD***

Dietician, Adult Partial  
Hospital Program  
Loma Linda University  
Behavioral Medicine Center

### ***Alex Moreland, LPCC***

Clinical Therapist, Youth Partial  
Hospitalization Program  
Loma Linda University  
Behavioral Medicine Center

### ***Jennifer Weniger, PhD***

Coordinator of Clinical Training  
Loma Linda University  
Behavioral Medicine Center

### ***Jacylyn Jones, LMFT***

Clinical Therapist, Youth Partial  
Hospitalization Program  
Loma Linda University  
Behavioral Medicine Center

### ***Karen J. Mainess, PhD, CCC-SLP***

Graduate Program Director,  
Department of Communication  
Sciences and Disorders  
Loma Linda University  
School of Allied Health Professions

### ***Marilyn Plata, MA***

Teacher, Youth Partial  
Hospitalization Program  
Loma Linda University  
Behavioral Medicine Center

### ***Aieshea Banks, MS, CCC-SLP***

Assistant Professor, SLPA Coordinator,  
Department of Communication  
Sciences and Disorders  
Loma Linda University  
School of Allied Health Professions

## Course Description

The course will examine the epidemiology, diagnosis, assessment and best practice modalities for ADHD. It will encompass a strength-based overview of the numerous domains of life that are often impacted by ADHD.

## Overall Objectives

1. Describe the neurobiological foundations of ADHD.
2. Gain an understanding of the history and differential diagnosis of ADHD.
3. Increase knowledge of evidence-based treatments and assessments.
4. Introduce skills and psychosocial interventions to manage symptoms of ADHD and disruptive behaviors.
5. Review the relationship between diet and mental health.
6. Obtain an understanding of the intersection of education and ADHD.
7. Discuss ADHD and its impact on communication.

## Accreditation Statement

The Loma Linda University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Loma Linda University School of Medicine designates this Live Activity for a maximum of **7.5 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Disclosure Statement

This program has been planned and implemented in accordance with ACCME essentials and standards. The Loma Linda University School of Medicine Office of Continuing Medical Education relies on its CME faculty to provide program content that is free of commercial bias. Therefore, in accordance with ACCME standards, any faculty and/or provider industry relationships will be disclosed and resolved.

## CE Credits

### *Receive 7.5 CE Credit Hours*

Loma Linda University Medical Center Staff Development is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's (ANCC) Commission on Accreditation and this program meets the qualifications for 7.5 hours continuing education credit by the ANCC.

Loma Linda University Medical Center Staff Development is a provider approved by the California Board of Registered Nursing, provider number 00239, this program is approved for 7.5 contact hours.

This course meets the qualifications for 7.5 hours of continuing professional development credit for Speech-Language Pathologists as required by the California Speech-Language Pathology and Audiology Board, provider #PDP42.

Loma Linda University Medical Center Staff Development is approved by the American Psychological Association to sponsor continuing education for psychologists. Loma Linda University Medical Center Staff Development maintains responsibility for this program and its contents. This event meets the qualifications for 7.5 hours of continuing education credit for psychologists as required by the American Psychological Association.

## Course Fees

If paying via check, please make check payable to  
*Loma Linda University Medical Center.*

► \$169 - Include course materials, CE certificates and food.

## Registration

Register online at **ce.llu.edu**. Select "calendar" and "October 9".

## Cancellation Policy

No refunds if canceled after Wednesday, October 2, 2019, or for "no shows". In the event of cancelation before Wednesday, October 2, 2019, a full refund will be given.

## Information

For more information, call **909-558-9113** or **909-558-9375**.

## Event Location

**Loma Linda University Centennial Complex, Fourth Floor  
Conference Room, 24760 Stewart Street, Loma Linda, CA 92354**

## Parking

Parking is free and is available in the Shephardson lot at the corner of Shephardson Drive and Benton Street in Loma Linda; please refer to the map below. Guests are not permitted to park in the parking lot in front of Centennial Complex. Free shuttle service from the Shephardson lot will be available to transfer guests to and from Centennial Complex from 7-9 a.m., and from 4-6 p.m.



*If you require special arrangements at this conference, call Staff Development at 909-558-3500.*

