



# Women's Wellness Virtual Support Group

Join us as we explore key women's health topics  
and build a community of support through all stages of life.

**2025 Calendar**  
**First Tuesday of Every Month**  
6:00 – 7:00 p.m.

<b>June 3</b>	<b>September 2</b>
<b>July 1</b>	<b>October 7</b>
<b>August 5</b>	<b>November 4</b>
<b>December 2</b>	

Please email  
[womenshealth@llu.edu](mailto:womenshealth@llu.edu)  
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