

Women's Wellness Virtual Support Group

Join us as we explore key women's health topics and build a community of support through all stages of life.

2026 Calendar
First Tuesday of Every Month
7:00 – 8:00 p.m.

January 6
February 3
March 3
April 7
May 5
June 2

July 7
August 4
September 1
October 6
November 3
December 1

Please email
womenshealth@llu.edu
or visit our Facebook at



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