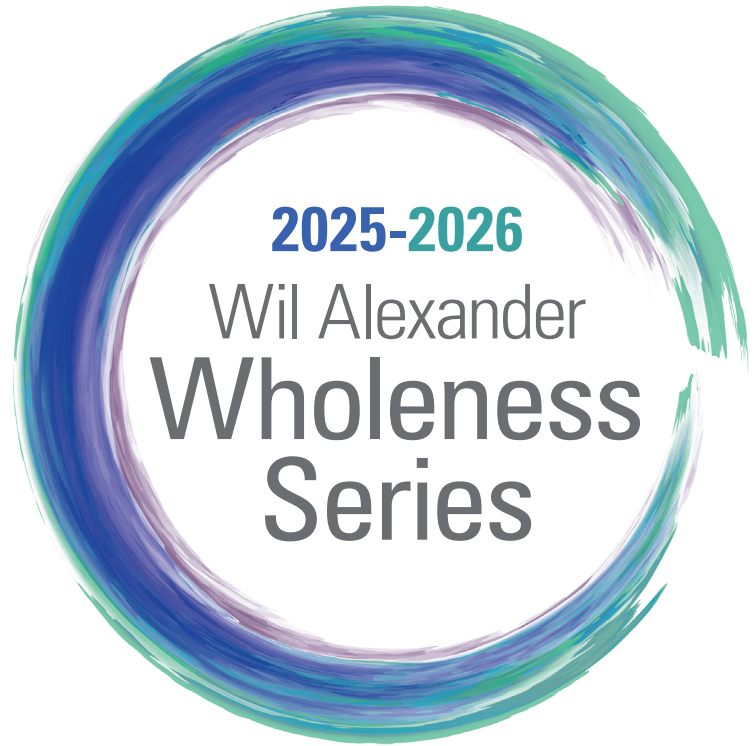




Nov.
19

**Lifting the Veil, Feeling the Light:
Mental Health Support Through Self-Awareness,
Behavioral Strategies, and Therapeutic Resources**

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The purpose of this presentation is to promote awareness of recurring themes that may impact the student experience involving behavioral health and its correlation to academic success, responsibility to self-care, and supportive consultation.

- Define student experiences while addressing barriers that impact goal or task attainment
- Review experiential vignettes that theme upon trends shown to influence students' behavioral health and academic achievement
- Identify relevant behavioral health resources and academic support

Sponsored by: School of Behavioral Health

Damazo Amphitheater, Centennial Complex, 5 – 5:50 p.m.
View workshop recordings @ home.llu.edu/waws



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